

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**
**6**  
**Chicken Penne w/  
Broccoli  
& Dinner Roll**

Apple &/or Diced Mango Cup  
Baby Carrots &/or Celery Sticks

Choice of Milk

**7**  
**BBQ Rib Sandwich  
Green Beans**

Orange &/or Diced Strawberries  
Baby Carrots &/ Celery Sticks

Choice of Milk

**1**  
**Proviso Bone in Wing Bar  
& Dinner Roll**

Pear &/or Diced Peaches Cup  
Baby Carrots &/or Celery Sticks

Choice of Milk

**2**  
**Salisbury Steak w/  
Mashed Potato w/Gravy,  
Mixed Vegetables  
& Dinner Roll**

Orange &/or Melon Medley Cup  
Cucumber Coins &/or Jicama Sticks

Choice of Milk

**3**  
**Grilled Cheese  
& Tomato Soup**

Apple &/or Diced Pineapple Cup  
Baby Carrots &/or Celery Sticks

Choice of Milk

**13**  
**Teriyaki Beef Dippers w/  
Steamed Brown Rice  
& Oriental Vegetable**

Apple &/or Diced Mango Cup  
Baby Carrots &/or Celery Sticks

Choice of Milk

**14**  
**Bean Burrito Bowl  
& Cornbread**

Orange &/or Diced Strawberries  
Baby Carrots &/or Jicama Sticks

Choice of Milk

**15**  
**Proviso Bone in Wing Bar  
& Dinner Roll**

Pear &/or Diced Peaches Cup  
Baby Carrots &/or Celery Sticks

Choice of Milk

**16**  
**Chicken Parmesan  
Butternut Squash  
& Garlic Bread**

Orange &/or Melon Medley Cup  
Cucumber Coins &/or Jicama Sticks

Choice of Milk

**17**  
**Fish Shapes**

Apple &/or Diced Pineapple Cup  
Baby Carrots &/or Celery Sticks

Choice of milk

**20**  
**Mac & Cheese Bar  
w/ California Blend Vegetables  
& Dinner Roll**

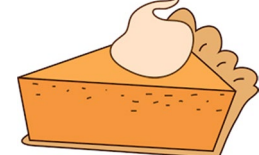
Apple &/or Diced Mango Cup  
Baby Carrots &/or Celery Sticks

Choice of Milk

**21**  
**Smothered Chicken Leg  
w/ Stuffing,  
Collard Greens  
& Corn Bread**

Served w/ Sweet Potato Cobbler  
Apple &/or Diced Pineapple Cup

Choice of Milk


**27**  
**Italian Rice Bake  
& Breadsticks**

Apple &/or Diced Mango Cup  
Baby Carrots &/or Celery Stick

Choice of Milk

**28**  
**Stuffed Green Peppers  
w/ Roasted Sweet Corn  
& Red and Green Peppers**

Orange &/or Diced Strawberries  
Baby Carrots &/or Jicama Sticks

Choice of Milk

**29**  
**Proviso Boneless Chicken  
Wing & Dinner Roll**

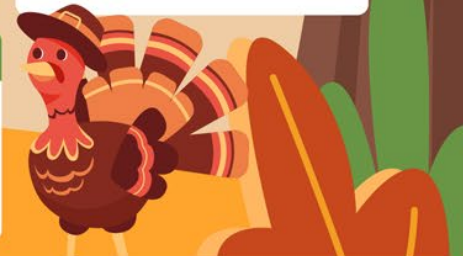
Pear &/or Diced Peaches Cup  
Baby Carrots &/or Celery Sticks

Choice of Milk

**30**  
**Penne w/ Meat Sauce or  
Penne w/ Marinara Sauce  
& Bread Sticks**

Orange &/or Melon Medley Cup  
Cucumber Coins &/or Jicama Sticks

Choice of Milk



**SERVED DAILY:** Fresh fruits and vegetables, whole grains, 1% white milk. Please ask cafeteria manager for gluten free options. **These products are funded by the USDA. This institution is an equal opportunity provider.** Menu items subject to change due to availability. Please contact the cafeteria manager prior to the menu with any questions.

### Menu Prices

**Students:** First lunch is **FREE**, second lunch \$3.00

**Adults:** \$5.50